



## COURSE OUTLINES FOR 2018

### ARTS

#### **Art Appreciation [Code 5]**

Class Leaders: Eleanor Kolbe & Margaret Muller; Time: Wednesday, 9:30 – 11:30; Venue: Parkwood CR 4

Appreciate the world's finest paintings from the 14th century to the present day, from Giotto to Jackson Pollack. Enjoy a range of paintings from the major art galleries of the world through DVD presentations, reproductions, films and discussion.

These paintings will come alive for you.

#### **Art 1: Sketching for Pleasure [Code 2]**

Class Leader: Francis Holmes; Time: Tuesday, 9:30 -12:00; Venue: Norwood Sporting Club Upstairs

This class is directed toward developing and improving drawing skills in all its many forms.

Record your leisure, pleasures and adventures – memories are made of this!

#### **Art 2: Painting [Code 3]**

Convener: Marjorie Eastwood; Time: Thursday, 1:00 -3:00; Venue: Parkwood CR4;

This is a self-help course with all members sharing their skills and is not a course for beginners

#### **Film Appreciation [Code36]**

Class Leader: Jim Moroney; Time: Friday; 12:30pm – 3:00pm; Venue: Parkwood CR1

For over 100 years the movie industry has thrilled, entertained and employed millions of people across all ranges of society, cultures and classes. It has endured challenges from radio, television, the internet, censorship, law suits disasters and scandals.

This course is intended as a journey through the world of film and is designed to explain and analyse the many aspects of the movie industry including:

- the history of the movies
- the elements of film making
- the political and social impacts of the movies
- Recognition and awards
- World cinema influences

If you love the movies, then this course will help you learn more about film analysis, film reviews and discussions, period genres and movements in film style, and more. It will provide you an informed opinion that will hopefully make your enjoyment of the film medium deeper.

### CRAFT

#### **Create-a -Card [Code 6]**

Class Leader: Irene Pomeroy; Time: Friday, 12:00 - 4:00; Venue: Parkwood CR4

Discover the art of designing and making cards for all occasions and seasons using this wonderful delicate Dutch layer method. There is a small charge for this class to cover cost of materials.

## **Patchwork and Quilting with Linda [Code 54]**

Class Leader: Linda Robertson; Time: Tuesday 1:30 - 3:00; Venue: Parkwood CR4

This class is for members who are keen to learn, share and/or update their quilting and patchwork skills. You can chat and learn as we sew by hand or machine. Bring along your unfinished blocks, quilts and patchwork. This is the class if you want to finish them or to start a new project.

Beginners and experts are welcomed.

## **GENERAL COURSES**

### **Armchair Travel [Code 1]**

Conveners: Jennie Harvie & Ruth Seferth; Time: Tuesday, 9:30 – 11:30; Venue: Norwood Sporting Club i-Downstairs

This is the way to travel - No tickets or no visas needed. Explore the world without taking a single step. It is far cheaper and all without the hassles of overseas travel. Learn the history, learn the geography, and learn the culture.

### **Cryptic Crosswords - [Code 7]**

Class Convenor: Jean Thompson; Time: Thursday, 9:30-10:30; Venue: Parkwood CR4

This class is for those members who already have some experience in solving cryptic crosswords and wish to build on that knowledge.

### **Speechcraft [Code 27]**

Class Leader: John Hogan; Time: Friday, 9:30 – 11:30; Venue: Parkwood CR2

Public speaking is something that can be learned by everyone and that is what all the course is about. You will be shown the way to self-expression and the acquisition of new skills without letting you fall into the pitfalls and traps of an untrained speaker.

### **Mythology Adventure [Code 41] - An introduction to Classic Greek Mythology**

Class Leader: Julie Wakeham; Time: 1st Friday of the month, 11.30 – 12.30; Venue: Parkwood CR2

In this course we will explore the meaning and nature of myths, the major and lesser Greek gods and sacred places of mythology, before learning of mythical creatures and substances occurring in many myths.

We will discuss famous myths in conjunction with the above and also spend several sessions exploring myths of love and adventure before concluding with the Trojan war.

### **Scrabble [Code 49]**

Class Convenor; Dilwen Williams; Time: Tuesday, 1.30 – 3.00; Venue: Parkwood CR2

Join this group to enjoy a friendly game of Scrabble.

### **Mahjong [Code 55]**

Convenor: Val Sullivan; Time: Tuesday, 1:30 – 3:00; Venue: Parkwood CR1

Come and learn how to play this fascinating game of skill or if you are already a skilled "Mahjonger" contribute your knowledge and skills to help others to enjoy this great game.

### **Book Club [Code 40]**

Class Leader: Angela Thomas; Time: 4<sup>th</sup> Tuesday of month, 9:30 – 11:00; Venue: Parkwood CR2

Do you have a passion for reading and want to share your views with others and hear what they think about particular books?

Why not join our Ringwood U3A Book Club which meets on the 4<sup>th</sup> Tuesday of each month.

There is a fee of \$35.00 for the full year, to meet the cost of books which are provided by the Ringwood Library at Realm. This class is limited to 10 participants and meets once each month.

### **A Taste of Life [Code 43]**

Class Convenor: Daryl James; Time: Wednesday (4th Wednesday of the month), 2.30 – 4.30;  
Venue: Parkwood CR4

This is an event for those who enjoy tasting wines of different styles, different grape varieties and from different wine growing regions both in Australia and around the world.

This course may use food to demonstrate how wines and foods can complement each other and informal discussion is encouraged about what we taste and what we like or dislike.

From time to time the class has the benefit of a guest expert to help us better understand how the winemaker's skills, the grape, the "terroir" and seasonal issues combine to produce the wines we prefer.

This direction of the course is determined by the class members and as the course develops it is intended to include the tasting of other beverages.

This class is conducted on the fourth Wednesday of the month and a small fee is charged to cover expenses.

### **EXERCISE**

#### **Line Dancing [Code 15]**

Class Leader: Thelma Hughes; Time; Wednesday , 11:00–12:00 Venue: 7<sup>th</sup> Ringwood Scout Hall, Hubbard Reserve, Evelyn Rd. Ringwood North

Line Dancing is an excellent weight bearing exercise for those who are interested in keeping fit. Set patterns of dance steps are performed to music which enhances the enjoyment of the class.

It is a prerequisite that members wear sturdy shoes.

Beginners are most welcome.

#### **Exercise to Music [Code 16]**

Class Leaders: Helen Garbutt & Jeannette Bridgeman; Time: Monday, 11.00 – 12.00; Venue: Norwood Sporting Club Upstairs;

The class consists of warm up, stretch, cardiovascular, strength exercise, simple dance routines and relaxation.

#### **Shi-Ba-Shi [Code 25]**

Class Leader: Bep Wolfers; Time: Wednesday, 10:00 -11:00; Venue: Norwood Sporting Club - Upstairs

Shi-Ba-Shi is a gentle form of keep fit exercises and not a martial art. The eighteen movements, which are done slowly and smoothly, will stretch muscles, regulate blood circulation and breathing, strengthen joints and improve balance and co-ordination.

#### **Tai-Chi for Beginners [Code 30]**

Class Leader: Bonnie Bedwell; Time: Wednesday, 11:00 -12:00; Venue: Norwood Sporting Club - Downstairs

Learn Tai Chi which consists of a series of continuous slow smooth & graceful moves. It provides excellent gentle exercise for the muscles and joints, and relaxes the mind – it is not a martial art.

#### **Tai-Chi [Code 31]**

Class Leader: Jill Cowie; Time: Monday, 9:30 -10:30; Venue: Norwood Sporting Club - Upstairs

Tai Chi consists of a series of continuous slow smooth & graceful moves. It provides excellent gentle exercise for the muscles and joints, and relaxes the mind – it is not a martial art.

#### **Gentle Yoga [Code 33]**

Class Leader: Helen Garbutt and Jeannie Turner; Time: Thursday, 9:30-10:30;  
Venue: Norwood Sporting Club Downstairs;

The class consists of stretching, breath-work and postures.

### **Table Tennis - Friday Morning Group [Code 28]**

Convenor: Ken Yelland; Time: Friday, 9:00 -11:45; Venue: Norwood Sporting Club - Downstairs

Fun is the emphasis of the table tennis group and the bonus is – we get fitter all the time.

### **Table Tennis -Friday Afternoon Group [Code 29]**

Convenor: Tom Fouracre; Time: Friday, 1:45 - 3:45; Venue: Norwood Sporting Club - Downstairs;

Fun is the emphasis of the table tennis group and the bonus is – we get fitter all the time.

### **Table Tennis–Tuesday Afternoon Group [Code 52]**

Convenor TBA; Time: Tuesday, 1:45 - 3:45; Venue: Norwood Sporting Club;

Fun is the emphasis of the table tennis group and the bonus is – we get fitter all the time.

## **OUR WORLD**

### **International Affairs [Code 11]**

Class Leader: John Hogan: Time: 1<sup>st</sup> Monday of Term then each alternative Monday; 9:30 -11:00;  
Venue: Parkwood CR1

For everyone interested in what's going on around the world and wants to keep up with current issues, with special emphasis on those affecting Australian foreign policy.

### **National Affairs [Code 20]**

Class Leader: John Hogan; Time: 2<sup>nd</sup> Monday of Term then each alternative Monday,  
9:30 - 11:00; Venue: Parkwood CR1

For everyone wanting to keep up with current issues of national importance.

### **Australian History [Code 4]**

Convenors: Rene Day & Ken Yelland: Times: Wednesday 9.30 –11.00; Parkwood CR1

Our focus in 2018 will be on people and places in Australia's story. The course will be enriched by individual contributions in the form of lectures, activities, including excursions and audio visual presentations.

Full participation involves research and active learning: the class is largely successful because of the willingness of its members to fully engage in providing the programme.

### **Family History on Line [Code 22]**

Class Leader: Pauline Ruse; *This short course will not be conducted in Term 1*

Let Pauline show you how to trace your ancestors and compile family tree using information available from various online resources from across the world.

You may be surprised by what you discover. Basic computer skills are required.

### **The Sciences [Code 21]**

Convenor: Gret Racine; Time: Wednesday 1.45 - 4.00; Venue: Norwood Sporting Club Multi-purpose Room

The purpose of this course is to encompass and discuss the wide range of social, earth and spatial sciences practised today. The course incorporates all the material covered in the old Earth Sciences and Planetary Sciences courses, but will also include other sciences outside these areas when class interest or topical necessity dictates. Included will also be the sciences which incorporate ancient history and archaeology. Class discussion, questions, debate and DVDs will be used to cover the topics presented.

Learn about the universe and what's in it through discussion, DVDs and CDs. Find out what makes astronomy tick – no mathematics! Occasional evening viewing may be included, weather permitting.

### **Racism & Prejudice [Code 51]:**

Class Leader: Glen Chandler: Time: Fortnightly on Thursdays 9.30 -11.30; Venue: Parkwood CR1

Exploring racism and other forms of prejudice (class, gender, age, religion). A mix of history, culture and human rights looking at the impacts of prejudice and its cousin, discrimination, on the victims, their economies, and even resultant migrations and wars. Why do these prejudices appear and in the form they take, and are they inevitable.

Note that this course will be run fortnightly for one year only.

### **Elders and the Law [Code 46]**

Class Leader: Alistair McCracken: Time: Wednesday, 1:30 – 3:00; Venue: Parkwood CR2

This course examines and discusses various aspects of the law that are of interest to and impact upon elders in our society. This includes wills and the impact of not having one, probate, powers of attorney, retirement villages, consumer protection, discrimination, superannuation, life insurance, age, carers' and disabilities pensions and other entitlements and possible changes etc.

It provides something of interest and importance for everyone who is eligible to be a member of U3A Ringwood Inc.

### **Media Watch (Code 53)**

Class Leader: Joe Fairhurst; Time: Tuesday , 9:30 – 11:45; Venue: Parkwood CR2

Tired of being bombarded with unsubstantiated facts? Frustrated by personal opinions forced upon us by talking heads? Angered by the destruction of the language? Troubled by the ravings of politicians? Linger no longer in silence: join Media Watch, a discussion group led by former Age journalist and playwright Joe Fairhurst.

## **LANGUAGES**

### **French – Advanced [Code 9]**

Class Leader: Mary Semple; Time: Friday 10:00 – 12:00; Venue: Parkwood CR1

The aim is to practice the four language skills: listening, speaking, reading and writing. The main text is 'Vite et Bien' Book 2, published by Cle International. An audio CD of all the dialogues is included. While learning French, the student discovers the reality of life in France today, its culture and every-day modern French is encountered in the dialogues. More in-depth study of grammar or topics of interest are studied, as encountered in each unit. Supplementary materials, such as French songs, films, poetry, word games enrich the course.

Pre-requisite: Essential grammar foundation and the ability to speak and understand basic French.

### **Hebrew [Code 48]**

Class Leader: Gret Racine; Time: Tuesday, 2:00 — 3:30; Venue: Norwood Sporting Club  
Learn the Hebrew alphabet [alephbet] and simple reading skills. Learn to read backwards with ease!!!!

**NB:** This is a short course [one semester] conducted every fortnight.

### **Italian 1 [Code 12]**

Class Leader: Vicky Torresan; Time: Monday, 9:05 -10:30; Venue: Parkwood CR4

For students with a good basic knowledge of the Italian language, this is an ongoing class to learn the language and some helpful phrases for those wishing to travel. The course is based on the text, 'A Progressive Italian Grammar' by Komadina and Arrivederci 1 (please phone the tutor for edition details) as well as other course materials provided by the tutor to make the course more interesting.

## **Italian for Beginners [Code 57]**

Class Leader: Vicky Torresan; Time: Monday, 10:30-11:50; Venue: Parkwood CR4

For students with little or no knowledge of the Italian language, this course will provide a basis for ongoing study, whether for travel, because of an interest in things Italian, or as a challenge for those who would like to learn something new.

The course is based on the text "A Progressive Italian Grammar" by Komadina (please phone the tutor for details), however additional resources will be provided by the tutor to make the course more interesting and enjoyable.

## **Japanese - [Code 14]**

Class Leader: Tony Driessen; Time: Thursday, 9:30 – 12:00; Venue: Parkwood CR2

The Japanese class follows a text book and concentrates on conversation, reading and writing, grammar and sentence structure under the expert guidance of Tony san. We practice Japanese reading, writing and conversation and discuss (in Japanese and English) the subject of the reading material, the grammar as well as colloquial usage. The basic requirement for any new member is a knowledge of some Kanji and the ability to write and read the Kana.

## **LITERATURE**

### **Great Poems in English [Code 23]**

Class Leader: John Lawley; Time: Wednesday, 1:15 -2:15; Venue: Parkwood CR4

Over the years the class has had two courses of great poems in English, a study of the poetry of Shakespeare's MacBeth and courses of Australian and American poetry. In 2018 it seems appropriate to return to our first course on great poems in English as there are many newcomers to the class who did not share the first great poetry course.

Class members will be provided with a set of the class texts. An existing element of the course is the members' contribution to class discussion.

Some class members are very experienced in poetry reading and understanding while others are in the class because they have an interest in developing their understanding. There is no required background other than an enthusiasm to learn. Our poetry discussion leads us into many interesting aspects of the life we share.

### **Adventures at the End of a Pen [Code 58]**

Class Leader: Viki Wright-Rivett; Time: Monday, 12:00 – 2:00 (fortnightly) ; Venue: Parkwood CR4

Perhaps you have already begun to write. Perhaps you have always thought of doing so. Perhaps you would now like to get into the habit of capturing observations, memories and inventions and turning them into pieces other will enjoy hearing. In this group you will be encouraged to experiment, and to learn techniques that support your own progress.

The course is led by author and adult educator Viki Wright Rivett who has a pretty big shelf of books by former students – evidence of many years of experience teaching and writing in universities, colleges and less formal circumstances

## **COMPUTERS**

### **Computer User Groups [Code37]**

Class Leader: Alex Robertson: Time: Monday & Tuesday 1:30 - 3:00 and Tuesdays 11:00 - 12:30 Venue: Parkwood CR3

The aim of this ongoing group is to assist class members to gain confidence using their computer and to help resolve any computer problems they might have. Members can bring their own computers (e.g. laptops, IPADS, Android tablets etc.) to classes or use our laptops. Topics covered are those requested by the class members and can include email, Internet, managing photos, making movies, slideshow, listening to radio on PC, watching TV on PC, being safe on the internet etc. Members can also ask for other items to be covered, such as using MS Word, MS Publisher etc.

The Tuesday afternoon session is for those who need short term individual assistance on a particular topic or problem.

## MUSIC

### **Folk Music – Old and New [Code 8]**

Class Leader: Patrick Bishop; Time: Tuesdays, 9:30-11:30; Venue: Parkwood CR1

Folk Music is about enjoying singing together. We will be singing some Australian, Irish, English and Scottish folk songs.

Sing along with songs of the sixties, especially those with a good beat and a lively rhythm.

Bring your voice and/or your guitar (guitar lessons provided as required) - Come along and sing with us and enjoy.

### **Music Appreciation 1 [Code 18]**

Class Leader: John Lawley; Time: Thursday, 10:30 - 12.00; Venue: Parkwood CR4

The Music Appreciation class has just started an excellent course on the history of classical music. – a perfect starting point for newcomers wanting to learn more about classical music The course involves listening to music as well as learning its history. The same course will continue throughout the year.

The classes also involve a weekly “swoon” and occasional classes entirely comprised of members’ choices, about which they are invited to briefly talk.

There are occasional music excursions.

Some class members have a broad musical background, others are beginners or in between.

We learn from each other and all that is required is the enthusiasm to listen, learn and share.

### **Music Appreciation 2 [Code 19]**

Class Leader: John Lawley; Friday, 9:30 - 11.30; Venue: Parkwood CR4

See Music Appreciation 1

## SOCIAL

### **Let's Do (Code 10)**

Class Convenors: Carol Mavin and Lynn Blackbell; Venue: Off site : Day and Times vary

“**Let's Do**” is a participant initiated activity group that undertakes monthly outings and activities as determined by the interests of the group members. This may include lunches with or without guest speakers, visits to interesting places such as the botanical gardens, historic buildings, public buildings and galleries, or a trip to the movies, etc.

The days and times will vary with the needs of the group and the venues that are to be visited.

There are many Interesting things to do and places to see, so why not join and have input to what you may like “to do”.