



U3A Ringwood Inc.

2023 Courses

28 February 2023

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Table of Contents

Art.....	3
Information Technology	3
Crafts.....	4
Discussion Groups.....	5
Exercise.....	5
Board and Other Games	7
General	8
History.....	9
Languages	10
Literature.....	11
Music.....	12
.....	12

Art

23ART10: DRAWING & SKETCHING FOR PLEASURE

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Weekly, Tue 9:30 - 12:00

Location: Upper Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

This un-tutored class is about the pleasure of developing and improving your drawing skills in all its many forms. Class members enjoy working together on art projects without any formal instruction and have varying skill levels. Record your leisure pleasures and adventures – memories are made of this!

No prerequisites. Your enrolment in this class will be wait listed, initially, because this class requires a certain skill level or class continuity

23ART30: ART APPRECIATION

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 9:30 - 11:00

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

Appreciate the worlds finest paintings from the 14th century to the present day from Giotto to Jackson Pollack. Enjoy a range of paintings from the major art galleries of the world through DVD presentations reproductions films and discussion. You will gain a greater appreciation of Art in general.

No prerequisites.

23ART40: FILM APPRECIATION

Type: Long Course

Dates: 03/02/2023 - 08/12/2023

Frequency: Weekly, Fri 12:30 - 15:30

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

For over 100 years the movie industry has thrilled entertained and employed millions of people across all ranges of society cultures and classes. It has endured challenges from radio television the internet censorship lawsuits disasters and scandals. This course is intended as a journey through the world of film and is designed to explain and analyse the many aspects of the movie industry including: - the history of the movies - the elements of film making - the political and social impacts of the movies - Recognition and awards - World cinema influences If you love the movies then this course will help you learn more about film analysis film reviews and discussions period genres and movements in film style and more. It will provide you an informed opinion that will hopefully make your enjoyment of the film medium deeper.

No prerequisites.

Information Technology

23COM10: BECONNECTED (Free for Public)

Type: Long Course

Dates: 01/02/2023 - 09/12/2023

Frequency: Weekly, Wed 12:00 - 13:00

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

This is a beginner's course for those aged 50 years and older. You will be given free help/mentoring and support to start using computers and the internet. You will also gain basic digital skills in topics such using computers, smart phones and/or tablets plus accessing the internet. It doesn't matter what type of computer, smart phone and/or tablet you want to use. You can bring your own device or use ours. Places become available throughout the year as members complete the course. If course is full please try again later. You can join this class anytime during the year.

You do not need to be a member of U3A Ringwood to join this course, but you cannot join it online unless you are a U3A member. You also need to be registered in the Be Connected program with U3A Ringwood recorded as your support centre. If you cannot register on the Be Connected website, we can do it for you. Please call tutor on 0400443460 to register your interest in joining it. There are no class prerequisites.

23COM20: COMPUTER HELP - WEDNESDAYS PM

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 13:30 - 15:00

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

This class is for members with any kind of technology issue/question. There are many frustrations when it comes to technology such as: • I have a smartphone or tablet but how do I use it? • I have lots of great digital photos but need help • I have an email address but how do I send photos? • Do I need to replace my phone, desktop computer or laptop? • What happens when the NBN comes to me? • Something's wrong but I've no idea what to do? • My device says to upgrade but what do I do? • Where can I access the internet away from home? While we may not resolve all issues, we will try our best. You also do not need to stay for the entire class or attend every week. We recommend that you bring your own device so that you get the maximum benefit but it's not mandatory.

No prerequisites. Beginners welcomed. There is no additional fee for this class but you must be a financial U3A Ringwood member to join class.

23COM30: COMPUTER HELP TUESDAY AM

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Weekly, Tue 11:00 - 12:30

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

This class is for members with any kind of technology issue/question. There are many frustrations when it comes to technology such as: • I have a smartphone or tablet but how do I use it? • I have lots of great digital photos but need help • I have an email address but how do I send photos? • Do I need to replace my phone, desktop computer or laptop? • What happens when the NBN comes to me? • Something's wrong but I've no idea what to do? • My device says to upgrade but what do I do? • Where can I access the internet away from home? While we may not resolve all issues, we will try our best. You also do not need to stay for the entire class or attend every week. We recommend that you bring your own device so that you get the maximum benefit but it's not mandatory.

Beginners welcomed. There is no additional fee for this class but you must be a financial U3A Ringwood member to join class.

Crafts

23CRA10: CREATE-A-CARD

Type: Long Course

Dates: 03/02/2023 - 08/12/2023

Frequency: Weekly, Fri 12:00 - 16:00

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

Discover the art of designing and making cards for all occasions and seasons using this wonderful delicate Dutch layer method. There is a small charge for this class to cover cost of materials.

No prerequisites.

23CRA20: PATCHWORK & QUILTING

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Tuesdays Weekly Except 3rd, Tue 13:00 - 15:30

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

This class is for members who are keen to learn share and/or update their quilting and patchwork skills. You can chat and learn as we sew by hand or machine. Bring along your unfinished blocks quilts and patchwork. This is the class if you want to finish them or to start a new project.

No prerequisites. Beginners and experts are welcomed.

Discussion Groups

23DIS10: SHARE MARKET DISCUSSION GROUP

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Fortnightly, Wed 10:00 - 11:30

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

Suitable Novice to more Experienced Investors. Discussion will cover small, medium & large companies & share market basics including Market Sectors, Market Direction, Fundamental Analysis or Technical Analysis & more.

23DIS20: CURRENT AFFAIRS

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 13:30 - 15:00

Location: Upper Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

This subject is for everyone who is interested in both National Affairs and International Affairs, and which feature in the media. National Affairs includes all events of a wide variety of sources that are significant to Australia – Including political, historical, geographical or have any other national or topical interest to this country. International Affairs includes a wide range of overseas topics including, but not limited to, political events, war[s], economies, environmental issues and numerous other kinds of significant world issues.

No prerequisites.

23DIS30: ELDERS AND THE LAW

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 13:30 - 15:00

Location: Upper Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

This course examines and discusses various aspects of the law that are of interest to and impact upon elders in our society. This may include: - the making of a will and the consequences of not having one - the granting of probate or letters of administration - powers of attorney - (various) directives - retirement villages and aged care consumer protection - business structures (including companies and trusts of various kinds partnerships sole proprietors etc.) - discrimination - superannuation - insurance - age carers' and disability pensions entitlements - ongoing changes - law reform and submissions constitutional matters(e.g. citizenship) and - national and international legal issues. Class members are encouraged to submit articles and topics of interest and actively participate in class discussion.

No prerequisites.

Exercise

23EXE10: LINE DANCING (Non Beginner)

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 11:00 - 12:00

Location: 4th Ringwood Scout Hall 17 Mines Road Ringwood East

This class is not suited to Beginners. Line Dancing is an excellent exercise for both mind and body for those who are interested in keeping fit. Set patterns of dance steps are performed to music which enhances the enjoyment of the class. If you are wait-listed for this class it means the class is full. If a place becomes available during the year, preference will be given to members with prior knowledge of line dancing. This is to ensure class disruption is kept to a minimum.

It is a prerequisite that all class members wear sturdy shoes. This class is not suited to Beginners

23EXE20: EXERCISE TO MUSIC

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 10:45 - 11:45

Location: Upper Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

The class consists of warm up stretch cardiovascular strength exercise simple dance routines and relaxation. The class alternates between chair-based exercise and on-your-feet exercise.

No prerequisites.

23EXE30: SHI-BA-SHI - WEDNESDAYS

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 9:45 - 10:45

Location: Upper Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

Shi-Ba-Shi is a gentle form of keep fit exercises and not a martial art. The eighteen movements which are done slowly and smoothly will stretch muscles regulate blood circulation and breathing strengthen joints and improve balance and co-ordination.

No prerequisites.

23EXE35: SHI-BA-SHI - THURSDAYS

Type: Long Course

Dates: 02/02/2023 - 08/12/2023

Frequency: Weekly, Thu 10:30 - 11:30

Location: Lower Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

Shi-Ba-Shi is a gentle form of keep fit exercises and not a martial art. The eighteen movements which are done slowly and smoothly will stretch muscles regulate blood circulation and breathing strengthen joints and improve balance and co-ordination.

No prerequisites.

23EXE50: GENTLE YOGA

Type: Long Course

Dates: 02/02/2023 - 08/12/2023

Frequency: Weekly, Thu 9:15 - 10:15

Location: Lower Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

The class consists of stretching breath-work and postures. Yoga improves strength, balance and flexibility while helping to manage conditions such as back pain, arthritis and stress.

No prerequisites.

23EXE60: TAI CHI

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 9:30 - 10:30

Location: Upper Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

Tai Chi consists of a series of continuous slow smooth & graceful moves. It provides excellent gentle exercise for the muscles and joints and relaxes the mind – it is not a martial art.

Tai Chi experience or completion of Tai Chi Beginners course.

23EXE70: TABLE TENNIS - FRIDAY MORNING

Type: Long Course

Dates: 03/02/2023 - 08/12/2023

Frequency: Weekly, Fri 9:00 - 11:45

Location: Lower Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

Fun is the emphasis of the table tennis group and the bonus is - we get fitter all the time.

No prerequisites. We supply playing equipment or bring your own.

23EXE72: TABLE TENNIS - FRIDAY AFTERNOON

Type: Long Course

Dates: 03/02/2023 - 08/12/2023

Frequency: Weekly, Fri 13:45 - 15:45

Location: Lower Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

Fun is the emphasis of the table tennis group and the bonus is - we get fitter all the time.

No prerequisites. We supply playing equipment or bring your own.

Board and Other Games

23GAM10: MAHJONG

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Weekly, Tue 13:00 - 15:00

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

Beginners Welcome! Come and learn how to play this fascinating game of skill or if you are already a skilled "Mahjonger" contribute your knowledge and skills to help others to enjoy this great game.

No prerequisites.

23GAM20: CRYPTIC CROSSWORDS

Type: Long Course

Dates: 02/02/2023 - 08/12/2023

Frequency: Weekly, Thu 9:30 - 10:30

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

This class is for everyone interested in learning how to do cryptic crosswords and for those wish to build on that knowledge.

No prerequisites.

23GAM30: SCRABBLE

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Weekly, Tue 13:15 - 14:45

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

Join this group to enjoy a friendly game of Scrabble.

No prerequisites

23GAM40: CHESS - THE WORLD GAME

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 11:00 - 12:30

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

Chess is a wonderful game, derived from the ancient Indian game of Chaturanga, and has been played across the world in its current form for the past 700 years. Why is it so long-lasting and popular? Because it is both an art and a science, combining so many enjoyments and benefits: focus, visualisation, creative thinking, planning, competition and social fun. Recent studies even suggest it can protect against dementia!

Hence, whether you are an absolute beginner seeking an introduction to the game, or a more experienced player seeking friendly opponents, come along to Chess Class to learn and apply the basics of strategy and tactics! Our Class Leader has been playing socially for many decades and is keen to pass on his tips to help you learn and improve your game.

While some spare chess boards will be available for beginners, it is preferable that you bring your own, enabling you to practise and play at home in between classes. Cheap sets are readily available in most department/toy stores.

23GAM50: 500 CARD GROUP

Type: Long Course

Dates: 01/05/2023 - 08/12/2023

Frequency: Weekly, Mon 9:30 - 11:30

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

500 is a game of cards usually played by 2 groups of 2 (4 in total around a table). However, the game can be played with 2, 3, 4 or even more players. It is a game of skill but we also have a lot of fun. These sessions would welcome all comers.

You can be a total novice or an experienced 500 player. The rules will be explained slowly with "open" (everyone can see) deals until a point where people feel confident to having a go on their own. The basic aim of the game is to reach a score of 500 points (hence the name) and defeat your opponents.

We would welcome everyone who would like to give it a go. Where possible, you will be matched with players of equal experience.

******* Important ***** Please note: This group will be shown (taught) a slightly modified set of rules and bidding systems (appropriately known as the "Parkwood Rules") which have been developed over the past 40 years. If you are an experienced 500 player, you may notice a few changes or adaptations.**

General

23GEN10: ARMCHAIR TRAVEL

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: 1st and 3rd weeks monthly, Tue 9:30 - 11:30

Location: Lower Lvl Kevin Pratt Pavilion 58-60 Mullum Mullum Road Ringwood

This is the way to travel - No tickets or no visas needed. Explore the world without taking a single step. It is far cheaper and all without the hassles of overseas travel. Learn the history learn the geography and learn the culture

No prerequisites.

23GEN20: LETS DO

Type: Long Course

Dates: 04/02/2023 - 08/12/2023

Frequency: See Course Description, Sat 9:00 - 14:00

Location: Locations decided by class

This class has monthly outings suggested by participants which include lunches, visits to gardens, historic buildings and other interesting places both local and in the city. Days and times vary to accommodate needs of the group and venues visited. Our Lets Do outings can be any day of the week. Transport to the venues is generally by train or car pooling. Members are advised by email day, time and where for each outing.

No prerequisites.

23GEN40: A TASTE TOUR OF WONDERFUL WORLD OF WINES

Type: Long Course

Dates: 08/02/2023 - 08/12/2023

Frequency: 2nd and 4th weeks, Wed 14:30 - 16:30

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

This is an event for those who enjoy tasting wines of different styles, made from different grape varieties and from different wine growing regions around the world while having a nibble on food that complements the wine and of course a friendly chat. We will taste the wines of the great wine growing regions of the Mediterranean, including Spain, France Italy and Greece, the emerging wine regions of South America and of course Australia. Our joint Class Leader has first-hand knowledge to share about the wines of southern Europe having visited vineyards in this region and has actually grown a number of southern Europe grape varieties in Australia. The class is very informal and encompasses discussion about what we taste and what we like or dislike and why. and class members are actively involved in selecting what we taste and in leading discussion. From time to time the class has the benefit of a guest expert to help us better understand how the winemaker's skills, the grape, the "terroir" and seasonal issues combine to produce the wines we prefer. The direction of the course is determined by the class members and a small fee is charged to cover expenses.

No prerequisites.

History

23HIS20: RESEARCHING YOUR FAMILY HISTORY

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 10:00 - 11:30

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

Research your family tree, but also make your ancestors become real by exploring their lives and the places they lived, using databases and websites. Visits may also be made to archives, historical societies and libraries to explore resources held by organizations in Melbourne.

Bring your laptop or iPad etc. Course used to called "Family History Online"

23HIS30: REVOLUTIONS

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Weekly, Tue 9:30 - 11:00

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

This course looks at both the Russian and Chinese revolutions. Russia is explored first. With both revolutions, we will begin with an understanding of life under the old or existing regime, and review the roles of ideas and individuals as contributing factors to the revolution. We will then explore the immediate causes and events of the revolution. Finally, we will consider the nature of the new (post-revolutionary) society and the legacy of the revolution both nationally and internationally.

Languages

23LAN10: FRENCH 3 - ADVANCED

Type: Long Course

Dates: 03/02/2023 - 08/12/2023

Frequency: Weekly, Fri 10:00 - 11:45

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

The main aim of the course is to practise the four language skills: listening, speaking, reading and writing.

The main text ('Vite et Bien') is used as a springboard for deeper study of the culture or history presented in each unit. We regularly study an excellent series, entitled 'Un Village Français', set during the German occupation of France, from 1940-1945. Texts: (1) 'Vite et Bien', Book 2, Claire Miquel, published by Clé International (Audio CD of dialogues from each unit is included) (2) Schaum's Outlines 'French Grammar', Mary E Coffman Crocker, (3) Novel "Le Petit Nicholas a des Ennuis' (2022). Sempé- Gaspigny. (4) Novel choice for 2023 to be advised.

Prerequisite: Essential grammar foundation and the ability to speak and understand basic French.

23LAN15: LEVEL 1 BEGINNERS FRENCH

Type: Long Course

Dates: 31/01/2023 - 08/12/2023

Frequency: Weekly, Tue 13:30 - 15:30

Location: Parkwood Classroom 3 35-39 Tortice Drive Ringwood North

This course is for those who are studying French for the first time. It will cover the pronunciation of French words & the four skills that underpin a language: reading, writing, speaking & listening. The course book that will be used is Talk French by the BBC with its accompanying CD. This can be obtained from Language International bookshop in Kew at a cost of about \$30. Some traveler's French & cultural aspects will be incorporated into the course

No prerequisites other than course book.

23LAN20: FRENCH INTERMEDIATE 1

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 13:30 - 15:15

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

This course builds on the learning that has been achieved in Beginners' French Levels 1 and 2. It is anticipated that participants will have some basic conversation and comprehension as well as being familiar with many verbs in the present and perfect tenses. Instruction will largely be facilitated through the use of photocopied sheets and no set text has been decided at this time.

23LAN30: LEVEL 2 BEGINNERS FRENCH

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 13:30 - 15:30

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

This course builds on skills developed in Level 1 & will continue using the BBC course book Talk French Book 2. The course covers topics such as Daily Routine, Descriptions, Holiday Plans & Health. Continued attention will be paid to grammar & structure, developing verb & other skills.

No prerequisites other than course book.

23LAN40: FRENCH HIGHER STUDIES

Type: Long Course

Dates: 02/02/2023 - 08/12/2023

Frequency: Weekly, Thu 14:00 - 16:00

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

This course is approximately equivalent to Year 11 school French and it is therefore assumed that participants have a reasonable background in grammar and verb tenses. We begin each class with conversation and verb revision, followed by some comprehension and grammar exercises. We also undertake reading and translation of a French novel. Texts to be advised.

23LAN50: INFORMAL INTERMEDIATE ITALIAN

Type: Long Course

Dates: 03/02/2023 - 08/12/2023

Frequency: Weekly, Fri 13:00 - 14:30

Location: Parkwood Classroom 2 35-39 Tortice Drive Ringwood North

A basic knowledge of the Italian language is preferable, and an interest to increase this knowledge with further study of Italian grammar.

Literature

23LIT20: WRITING TO DISCOVER YOURSELF

Type: Long Course

Dates: 30/01/2023 - 08/12/2023

Frequency: Weekly, Mon 12:00 - 14:00

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

Perhaps you have already begun to write. Perhaps you have always thought of doing so. Perhaps you would now like to get into the habit of capturing observations, memories and inventions and turning them into pieces others will enjoy hearing. Although being published is not necessarily the point of writing, it is nice, perhaps even life-changing when it happens. In this course you are encouraged (in a self-help group) to experiment, and to learn techniques that support your own progress in the general direction of glory.

23LIT30: POETRY FOR PLEASURE

Type: Long Course

Dates: 01/02/2023 - 08/12/2023

Frequency: Weekly, Wed 13:00 - 14:15

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

If you are curious about poetry but have never quite given it the time, perhaps this class is a good opportunity for you to try it out. This year we continue our journey with the poets of the twentieth century – primarily English, Australian and American - finding there's so much to delight and to reward us. In this class we take a relaxed and easy journey together to discover the ideas and preoccupations of the poets and their times as expressed in the fascinating language of poetry. We all pitch in to the discussion, each bringing our unique perceptions and interpretations to the poems.. We are ever surprised and delighted by our discoveries and come to realise why poetry has been so valued and enjoyed throughout the ages. We share more than a few stories and laughs while we learn.

Loving poetry and the English language is the only requirement for membership of the class.

23LIT50: BOOK CLUB

Type: Long Course

Dates: 28/02/2023 - 08/12/2023

Frequency: 4th Tuesday Monthly, Tue 10:00 - 11:30

Location: Parkwood Classroom 4 35-39 Tortice Drive Ringwood North

Class Fee: \$35.00

Do you have a passion for reading and want to share your views with others and hear their thoughts on the book read by the group each month? Also do you want to be introduced to new texts and writers and have your life enriched? Why not join our Ringwood U3A Book Club which meets the 4th Tuesday of each month? There is an additional fee of \$35.00 per class member for this class (payable on joining this class each year). The class fee offsets the \$350 annual fee we pay to Maroondah Council for the books. This class is limited to 10 participants and meets once each month. No prerequisites.

Music

23MUS20: MUSIC APPRECIATION

Type: Long Course

Dates: 02/02/2023 - 08/12/2023

Frequency: Weekly, Thu 10:30 - 12:00

Location: Parkwood Classroom 1 35-39 Tortice Drive Ringwood North

Music Appreciation Class currently has a varied program on classical music with DVDs by American Professor, Robert Greenberg, on "The Great Courses" series explaining aspects of different styles of music. We also have a series of "Classical Destinations" where we visit the countries of different composers, seeing where they lived and worked, together with listening to their music as well as a similar series entitled "In the footsteps of the famous composers", often viewing manuscripts and museum artifacts of the composers. We encourage members to make occasional presentations on their favourite composers, always learning something new from them. At the end of each term all members bring along a piece of music they love, to share with the rest of the class.

No prerequisites.
