



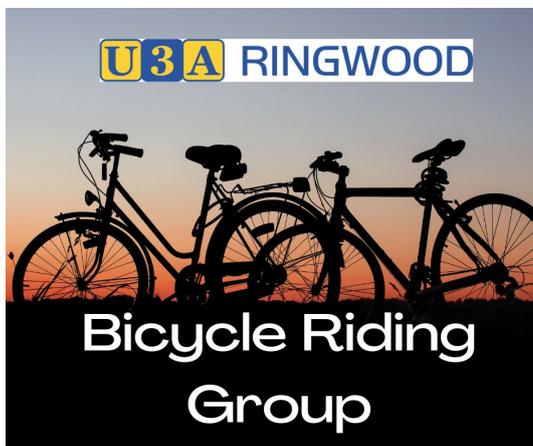
WELCOME TO OUR NEWEST CLASS LEADERS



We are delighted to welcome aboard our newest Class Leaders.

- Long term members John Robertson, who is introducing his class to the ever popular **Chess** Game and Peter Wakeham who is planning to set up a **Bike Riding Group**.
- New leaders we are delighted to have join us are Stuart Maile with his very successful **Revolutions** class and now his **500 Card Group** class, ready to go.
- Bill Allen has introduced the **Share Market Discussion Group** which is so popular there is a waiting list and Cathy Farrell who has showed such enthusiasm to lead the **Writing to Discover Yourself** class with lots of ideas for the group.

U3A RINGWOOD BIKE CLUB



The Committee is considering introducing a 'Bike Club' as one of our Exercise Classes. Bike Clubs have become very popular in other U3As.

A possible format of the Bike Club would be that rides would take place fortnightly, on a week day to be decided, commencing at say 9.30 am, and be a maximum 30 km round trip on official bike tracks in Ringwood or adjacent municipalities. Rides would include a half-way coffee or tea break with a 12.00 pm return to start.

The final format, times and locations of the rides will be decided by the participants. At this stage we would like an indication of numbers of interested participants and are keen to hear from any experienced riders willing to assist in the formation of the Bike Club.

If you are interested, please contact Richard Prior at richard.prior8@bigpond.com or Peter Wakeham at hamwake@gmail.com and we will keep you posted.



U3A Ringwood Incorporated,
Parkwood Community Hub,
35-39 Tortice Drive, Ringwood North, Vic 3134.
A.B.N. 14 419 221 576 Reg Nbr A0008300C
Phone: 9876 2925

Office: please call for an appointment. Web: www.u3aringwood.org.au eMail: info@u3aringwood.org.au

500 CARD GROUP



500 is a game of cards usually played by 2 groups of 2 (4 in total around a table). However, the game can be played with 2, 3, 4 or even more players. It is a game of skill but we also have a lot of fun.

These sessions would welcome all comers. You can be a total novice or an experienced 500 player. The rules will be explained slowly with “open” (everyone can see) deals until a point where people feel confident to having a go on their own. The basic aim of the game is to reach a score of 500 points (hence the name) and defeat your opponents.

We would welcome everyone who would like to give it a go. Where possible, you will be matched with players of equal experience. This class will be held on Mondays from 9.30 to 11.30 am Room 2 at Parkwood., starting on 1st May 2023. Members interested in joining the class should enrol on line or contact us by email to info@u3aringwood.org.au

NB. Please note: this group will be shown (taught) a slightly modified set of rules and bidding systems (appropriately known as the “Parkwood Rules”) which have been developed over the pasty 40 years. If you are an experienced 500 player, you may notice a few changes or adaptations.

GETTING TO KNOW YOUR CLASS LEADERS

JAN HANOS

This leader has an amazing talent for assisting those with special needs.

Jan grew up in Burwood and went to school at Siena Convent in Camberwell followed by Monash University where she studied Arts as an introduction to teaching, followed by Dip. Ed. at Burwood Teachers College which recently has become Deakin University.

After moving with her husband Nick to Echuca, Jan taught at Tongala Primary School for two years before returning to Melbourne where they lived in Doncaster. She taught at Vermont Primary School until leaving to have their family. Leaving their Doncaster home, they built their new home in Park Orchards where they stayed for 20 years with their final move being to Warrandyte.

Needing a break from caring for the young family, and with Nick being home in the evenings, Jan found a part-time position with Myers. All new staff had to undergo training sessions, and after working for a few months at Myer, Jan was able to apply to use her teaching background to apply for a trainer’s position.

As a retail trainer, Jan took up a position at Swinburne TAFE to teach children with disabilities as many found work in the retail sector. Jan stayed with Swinburne for over 12 years until the course was discontinued. However, “not to be outdone” (as the saying goes), Jan now works part time, about 5 hours a week, with young people with intellectual disabilities, to assist them to live independently in their communities, with support. In the last five years she has been able to arrange housing for 11 young people, with support, to live and work independently.

Fortunately, Jan has made time for other interests, particularly walking her dog with a teacher friend and her dog, meeting each day at 6 am to walk along the river at Warrandyte for around 50 minutes, meeting at that early hour so that her friend can be ready for school. Another of Jan’s interests is ballroom dancing where she joined a group at Lilydale with the unusual name of “DanceSport Kingdom” which gives her another form of exercise. Travel is another love with several overseas trips to Europe as well as many travels around Australia. As if there is no end to her “giving of herself”, Jan also volunteers with the RSPCA. In addition to her interest in art, Jan also belongs to the Park Orchards Book Club.

Now to U3A matters, Jan joined U3A Ringwood in 2016 and enrolled in the Art Appreciation Class. After about 2

years in this class, current leaders Margaret & Eleanor retired and Jan put her hand up to help out with the leadership, ably assisted by the late John Lawley. Around two years ago Lynn agreed to help convene the class with Jan and together they make a wonderful team. The teaching side of Jan just shows through and she makes sure that the class is inclusive for everyone, never failing to greet members and welcome them each day as they arrive. Jan says it is important to have the members of the class feel involved with the program and make sure it covers all of their interests. To this end they often watch DVDs about Art and then follow with discussions on what they have learnt. Outing to galleries are also on the agenda as well as guest artists visiting to talk about their art.

HELEN KERSHAW

This leader's star sign is "Pisces" and she keeps swimming to survive – always busy and on the move. Helen grew up in Caulfield with her mother being a generation younger than her father which gave her a rather inter-generational lifestyle with a very broad outlook. Her father, from the UK, was a First World War Military Cross recipient and had travelled widely.

Lauriston Girls School was where Helen had both her primary and secondary education. Loving choral singing from an early age she started a Junior Madricals Group and eventually went on to become Head Prefect of Music at her school. Following school graduation Helen went on to study Interior Design at RMIT and for about five years she spent time in Carlton's Cafés and Pubs with Architects and 'Musos'. Following this Helen travelled overseas for about 8 months beginning with an overland bus trip from India through Nepal, Pakistan, Iran, Afghanistan, Turkey to Greece where she did an archaeological tour. In Europe she visited several of Le Corbusier's buildings and many cathedrals where she revelled in the choral music which she loved.

Having returned home from her overseas trip, Helen decided it was time to start teaching and achieved her honours in Fine Art & English in addition to her Dip Ed. Whilst she was at University, Helen started teaching Yoga and is still doing that today. She ran her own Yoga School and as the students would not let her retire, she continued with a class in Black Rock, currently travelling all the way there for her weekly session.

Her school teaching career started at Christ the King College in Braybrook and also Melbourne Church of England Girls Grammar School in South Yarra during which time she took senior girls for a 2 weeks excursion to Papua New Guinea, two years running.

With her love of architecture – both mid-century and modern – Helen has travelled to Japan, US, and UK where she also visited some lovely gardens. As well as this she has a great interest in sculpture and even has some sculptures in her own garden.

Now to matters U3A. Having moved to her parent's original holiday house in the Dandenongs where she has a lovely landscaped garden, Helen joined U3A Croydon where Jim Dooley, a poet took the Poetry class. After his passing, Helen became the assistant leader of the group on Wednesday mornings and then also joined U3A Ringwood in 2017 for our afternoon Poetry class followed by Friday's Music Appreciation. After John Lawley's passing the two Music Classes had to combine and the change to Thursday no longer suited Helen as she had her yoga class on that day. Helen has always loved Poetry and even written some verses herself, so offered her services as our Poetry Class leader in 2022. Further interests have her attending a Language & Literature class at Mt Dandenong U3A and she also volunteers at the Kalorama Park Working Garden Group to help look after the grounds and keep it in good condition for the public enjoyment.

As well as gardening, Helen loves to cook and has had the Poetry class visit her and her garden in the Dandenongs. Another surprise interest is that, Helen who never seems to stop, does Numerological Counselling.

LYNN BLACKBELL

This leader is so family oriented, it is so wonderful to hear. Lynn was born in Stawell but grew up in Carnegie. She learnt art at school but decided to leave at age 16 years old and went to work at the then State Savings Bank of Victoria as a teller from 1979 to 2000 when she left to have a family. Tellingly this is where she met her husband. As her girls grew older, she returned to work, this time at Target, doing office work and in particular in charge of the wages.

However, at age 45 years young Lynn decided she needed a career change and undertook her studies to achieve a Nursing Degree and subsequently worked at Gracedale, North Ringwood for 11 years - now called Warrandyte Gardens Aged Care. Initially Lynn carried out nursing duties and when the office person left, Lynn saw another opportunity for her and, lo and behold, she was back doing office work there.

Art has always been her love and whenever she gets the chance, Lynn visits Art Galleries & Museums. Her husband Lesley is less interested in art and after a short while around a Gallery, he will say – I'll meet you at the Hotel down the road a bit! Her other interests are gardening and of course looking after family, which is absolutely paramount in her eyes, helping with elderly grandparents, parents, children and grandchildren wherever possible. Lynn's experiences with Care started when she was 43 years old and her father at 72 had alzheimers and eventually had to go into Care. More recent years her 95 year old mother had to also go into care at Donwood in East Ringwood. Lynn endeavours to see her three times a week and on many occasions take her out for coffee or lunch.

Lynn and Lesley have travelled extensively over the years, visiting no less than 26 overseas countries, many of which have been with the Melbourne Cricket Club, two of these, Lynn highlights as being the Ashes Tours of France and Italy. Through this Club they have also done tours throughout different states of Australia.

Now to matters U3A – Lynn joined U3A Ringwood in 2012 enrolling in the Art Appreciation Class. Whilst doing Office Duty, Lynn met Linda Robertson and became interested in Patchwork, so decided to also join Linda's class. Since taking over the leadership in 2022, Lynn, together with Co-Convenor Jan Hanos, plan the Art Appreciation Class according to what the members wish to study which has varied from European and Australian Art to the current term of studying Japanese Art. Lynn is very clever with the IT side of things enabling the class to watch various programs on the big screen. This dedicated lady also came on to the committee around the time U3A moved to Parkwood and is now one of our terrific Publicity Officer. Always the first to put her hand up to work on any committee job, Lynn is a great asset to U3A Ringwood.

BOOK CLUB VACANCY

The Book Club class has a vacancy. If interested please enrol online or call us on [0481 591 224](tel:0481591224) or let us know by email to info@u3aringwood.org.au. There a \$35 fee to cover the fee we pay the library for access to the Book Club's books.

UPCOMING DATES



MARCH 2023

- *Wills presentation*, 1.30pm on Tuesday, 28th March 2023, Upper Level Kevin Pratt Pavilion, 58-60 Mullum-Mullum Road, Ringwood

APRIL 2023

- Term 1 ends **Thursday 6th April 2023**
- Term 2 break Friday 7th April to Tuesday 25th April 2023 (inclusive)
- Term 2 starts **Wednesday 26th April 2023**

MAY 2023

- *2023 AGM: Starts at 1:30PM* Tuesday, 23 May 2023, Upper Level Kevin Pratt Pavilion, 58-60 Mullum-Mullum Road, Ringwood